



**First
things first;
breakfast**

BREAKFAST MENU**£20.95****DRINKS****Hot drinks**

English breakfast tea 1kcal | Herbal teas and infusions 1kcal

Filter coffee 1kcal | Espresso 14kcal | Americano 18kcal

Flat white 93kcal | Cappuccino 46kcal | Latte 49kcal | Macchiato 93kcal

£4.50**Juices and water**

Orange 67kcal | Apple 64kcal

Still and sparkling water 0kcal

A LIGHTER START**Cereals**

Granola 400kcal | Muesli 311kcal | Cornflakes 133kcal | Coco Pops 136kcal | Bran flakes 271kcal

Raisins 52kcal | Hazelnuts 193kcal | Seeds 83 kcal | Banana chips 132kcal

Pastries

Croissant 243kcal | Cinnamon swirl 311kcal

Pain aux raisins 271kcal | Pain au chocolat 223kcal

Bread

Sliced white 402kcal | Sliced brown 397kcal | Sourdough 289kcal

Preserves

Strawberry jam 77kcal | Raspberry jam 75kcal | Orange marmalade 68kcal

Honey 82kcal | Marmite 110kcal

Cold selection

Greek-style yoghurt 105kcal | Berry compote 127kcal

Prunes 64kcal | Orange segments 56kcal | Apple 44kcal | Peach segments 48kcal

Cheeseboard 297kcal | Cold meat platter 217kcal | Fruit platter 250kcal

Adults need around 2,000 calories a day V = vegetarian | VE = vegan Let us know if you'd like gluten-free bread

Food allergies and intolerances: we welcome enquiries from guests who wish to know whether dishes contain particular ingredients.
Please note: before placing your order, please inform a member of the team if anyone in your party has a food allergy. Prices include VAT.

WARM AND FILLING

Breakfast buffet

Lincolnshire sausages 310kcal | Back bacon 496kcal | Black pudding 166kcal
Grilled tomatoes VE 18kcal | Sautéed mushrooms VE 22kcal | Hash brown V 417kcal
Heinz baked beans VE 120kcal | Free-range scrambled eggs V 222kcal
Free-range fried eggs V 201kcal | Free-range poached eggs V 143kcal

Don't see what you fancy? How about trying one of our à la carte dishes?

Pancake stack V 671kcal
Maple syrup, berries
£4

Eggs Benedict 428kcal
Poached eggs, cured ham, hollandaise sauce
£6

Three-egg cheese omelette V 375kcal
£8

Soft-boiled eggs and soldiers V 375kcal
£5.95

Poached eggs on toast V 367kcal
£6.95

